

WORKSHOP SCHEDULE

8:45 a.m.	Registration
9:00	Introduction
9:10	Fetal and Maternal Monitoring Equipment
9:30	Baseline Characteristics
10:00	Break
10:20	Baseline Characteristics (continued)
11:30	Periodic/Episodic Changes
12:00 p.m.	Lunch (on your own)
1:00	Periodic/Episodic Changes (continued)
2:00	Pattern Recognition
2:30	Break
2:45	Antepartum Testing
3:00	Documentation Dilemmas
4:00	Evaluation and Closing

University of Iowa Health Care Faculty:

Jeana Forman, MSN, RNC-OB, C-EFM, CHSE Nursing Practice Leader, Labor and Delivery, Children's and Women's Services, Department of Nursing

Amy Dunbar, MSN, RNC-OB, C-EFM, Obstetric Nurse Specialist, Iowa Statewide Perinatal Care Program, Department of Pediatrics

Brenda Wolf, BSN, RN, RNC-OB, C-EFM, Clinical Coordinator, Iowa Statewide Perinatal Obstetrics Nurse Consultant

Julie Zimmerman, MSN, RNC-OB, C-EFM, Clinical Practice Leader, Labor and Delivery, Children's and Women's Services, Department of Nursing

Schedule and speakers are subject to change. Faculty are staff of UI Health Care unless otherwise indicated.



CE Nursing Continuing Education

Basic Fetal Monitoring Workshop

February 25, 2026 July 29, 2026

April 22, 2026 August 26, 2026

May 27, 2026 October 28, 2026

June 24, 2026 December 2, 2026

Children's & Women's Services Classroom

7946 John Pappajohn
University of Iowa Health Care
200 Hawkins Drive
Iowa City, IA 52242-1009



Basic Fetal Monitoring Workshop

CE NURSING CONTINUING EDUCATION

This workshop is designed to provide basic information for obstetrical nurses on the use of fetal monitoring in the care of patients.

2026 PROGRAM OFFERINGS

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Sponsored by:

University of Iowa Health Care Department of Nursing Services and Patient Care



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GENERAL INFORMATION

Purpose:

This workshop is designed to provide basic information for obstetrical nurses on the use of fetal monitoring in the care of patients. Discussion will include methods of fetal monitoring, recognition of changes and interventions to assist in the management of patients. Documentation issues and methods of antepartum testing will be included.

Nursing Credit:

5.4 contact hours will be offered by University of Iowa Health Care Department of Nursing Services and Patient Care Continuing Education Office and align with the appropriate subject matter found in Iowa Administrative Code 655 chapter 5.2(3).

Intended Audience:

Licensed nurses, providers, and physicians.

Educational Objectives:

Upon completion of this program, learner should be able to:

- Discuss external and internal methods of monitoring fetal heart rate and uterine activity.
- Identify characteristics of fetal heart rate baseline and periodic and episodic changes using National Institute of Child Health and Human Development (NICHD) terminology.
- Identify fetal heart rate patterns requiring interventions.
- Review fetal heart rate patterns and uterine activity and discuss appropriate interventions.
- Discuss documentation and communication of electronic fetal monitoring.
- Describe methods of antepartum testing for the evaluation of fetal well-being.

REGISTRATION

Registration:

- Preregistration is required
- Online registration only
- Credit card payments only
- Registration is through UI Carver College of Medicine CloudCME

CloudCME Registration Link: <https://uiowa.cloud-cme.com>

In the yellow menu bar click **Nursing CE**

Click **Register** on the desired course

You will need to set up an account if you are a first time user, or 'sign in' if you already have a CloudCME account

Session

- February 25, 2026
- April 22, 2026
- May 27, 2026
- June 24, 2026
- July 29, 2026
- August 26, 2026
- October 28, 2026
- December 2, 2026

Deadline

- February 11, 2026
- April 8, 2026
- May 13, 2026
- June 10, 2026
- July 15, 2026
- August 12, 2026
- October 14, 2026
- November 18, 2026

Workshop Fee:

- **UI Health Care OB Nurses or UI Health Care Family Medicine Nurses: No fee**
- **UI Health Care All Other Staff: \$40**
- **Non-UI Health Care Attendee: \$120** (includes workshop materials, parking and nursing CE credit) A \$20 non-refundable late fee will be assessed for all registrations made after the deadline.

Class Minimum: Minimum of 3 registered attendees required to hold the class. If minimum is not met, attendees may transfer registration to a future course.

Refund: Full (minus \$20 cancellation fee) if notification received 3 days prior to the program. Substitutions are permitted at any time.

Location & Parking:

Due to fluctuations in room temperature, we recommend you dress accordingly for your personal comfort.

The Children's and Women's Services Classroom is located on 7 floor, John Pappajohn Pavilion, UI Health Care, University Campus (elevator I to 7th floor, follow narrow hallway past the restrooms, go through the single door, follow hallway around and 7946 JPP will be on your right). Maps of the Hospital and Iowa City area can be obtained on the web at <https://www.uihc.org/Your-Visit>.

Parking is available in Hospital Parking Ramps 3 or Hawkeye. Parking passes will be issued at registration for external participants only. No need to bring parking transaction ticket with you.

Participants should enter the Hospital through the main entrance and inquire at the Information Desk for directions to the classroom.



INFORMATION & UPCOMING CE OFFERINGS

Visit our website for program information and brochures.
<https://uihc.org/nursing-continuing-education-schedule>

Questions concerning CE programs may be directed to the Nursing Clinical Education Center at nursingcontininged@uiowa.edu or at **319-356-1238**.

The UI Health Care Department of Nursing's continuing education programs are developed under the supervision of Christina Woline, DNP, RN, NPD-BC, Associate Chief Nursing Officer—Professional Practice.

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Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319) 356-1238.